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menu

8 Regent Terrace, Gateshead NE8 1LU Tel. 0191 490 1705

Cafe 8 started life in December 2004 and becomes more exciting by the week. We are individual in our approach and welcome all who share our passion. We believe that food, drink and conversation is one of life's great pleasures. We aim to create a friendly and comfortable ambiance where one can enjoy superior coffee and food that is freshly prepared each day using the finest ingredients. ALL of our fillings are created daily by us on the premises.

Our aim is for you to have a fabulous experience and exit Cafe 8 with a smile on your face and a keenness to return. ENJOY!

Breakfast

Served until 10.30am

Streaky Bacon Sandwich	£2.35
Cumberland Sausage Sandwich	£2.35
Streaky Bacon & Sausage Sandwich	£2.60
Streaky Bacon & Cream Cheese	£2.50
Breakfast Beast (scrambled egg, bacon, sausage & beans in a double decker)	£3.45
Just Toast (a choice of any bread per slice)	£0.60
Cinnamon Toast (per slice)	£0.80
Jam/Marmalade/Honey on Toast (per slice)	£0.80
Baked Beans on Toast	£1.95
Scrambled Egg on Toast	£2.25
Smoked Salmon & Scrambled Egg on Toast	£2.95
Traditional Breakfast	
Bacon, 2 sausages, scrambled eggs, beans & toast served with a choice of breakfast tea, filter coffee, herbal tea or orange juice	£3.95

Toasted Bagel	Plain or with Butter	£1.30
	Cinnamon & Raisin	£1.30
	Low-fat Cream Cheese	£1.50
	Peanut butter	£1.50
	Jam/Marmalade/Honey	£1.50
	Nutella Chocolate Spread	£1.60
	Cream Cheese & Bacon	£2.35
	Ham & Emmental Cheese	£2.70
	Salmon & Scrambled Egg	£2.95
Pain Au Chocolat		£1.30
Danish Pastry		£1.30
Croissant with Butter & Jam		£1.50
Warm Breakfast Muffin		£1.30
Bowl of Porridge		£1.75
Bowl of Granola with Natural Yoghurt		£1.80
Natural Yoghurt with Honey & Nuts		£1.80

Our bread selection

Fresh from our specialist bakers every morning. Please choose from: granary slice, thick white slice, Italian ciabatta, sunflower bun, wholemeal rustic bun, multiseed granary finger poppy knot, toasted Bagel or tortilla wrap

Sandwiches

meat & fish

	Take-Away	Eat-In
Sliced Ham	£2.40	£2.90
Ham & Cream Cheese	£2.60	£3.10
Ham & Sweet Chilli Tomato Chutney	£2.60	£3.10
Ham & Home-Made Coleslaw	£2.70	£3.20
Ham & White Mature Cheddar	£2.70	£3.20
Ham, Brie & Cranberry/Mango	£2.90	£3.40
Ploughmans (ham, cheddar & ploughmans pickle)	£2.80	£3.30
Bacon & Stilton	£2.70	£3.20
Bacon, Stilton & Cranberry/Mango	£2.90	£3.40
Bacon & Brie	£2.70	£3.20
Bacon, Brie & Cranberry	£2.90	£3.40
Bacon, Boiled Egg, Lettuce & Tomato	£2.60	£3.10
Bacon & Egg Mayonnaise	£2.80	£3.30
Bacon & Avocado	£2.70	£3.20
Parma Ham & Pesto	£3.00	£3.50
Parma Ham, Mozzarella & Olive Oil	£3.10	£3.60
Parma Ham, Sundried Tomatoes & Pesto	£3.10	£3.60
Sliced Roast Beef	£2.40	£2.90
Roast Beef with Horseradish & Mustard	£2.60	£3.10
Roast Beef & Tomato Chutney	£2.60	£3.10

	Take-Away	Eat-In
Just Chicken	£2.40	£2.90
Sweet Chilli Chicken	£2.50	£3.00
Cajun Chicken	£2.50	£3.00
Asian Chicken	£2.50	£3.00
Asian Chicken with Mango Chutney	£2.75	£3.25
Coronation Chicken (with chopped apricots & flaked almonds)	£2.60	£3.10
Caribbean Chicken (with banana, sweet chilli sauce & lettuce)	£3.00	£3.50
Chicken & Coleslaw	£2.70	£3.20
Chicken & Bacon	£2.70	£3.20
Chicken, Bacon & Spinach (wrapped together in mayonnaise)	£2.80	£3.30
Chicken, Pesto & sun/d Tomatoes	£3.00	£3.50
New Yorker (chicken, emmental, spicy sausage & bacon in mayonnaise)	£2.90	£3.40
Superclub (chicken with bacon, boiled egg, tomato & peppercorns)	£2.90	£3.40
Mexican Triple Decker (cajun chicken, salsa, jalapenos & tortilla chips)	£3.45	£3.95
Chunky Tuna (tuna wrapped in mayonnaise)	£2.30	£2.80
Crunchy Tuna (with peppers & red onion in mayonnaise)	£2.50	£3.00
Sweet & Spicy Tuna (tuna with sweet baby peppers)	£2.50	£3.00
Tuna, Pesto & Red Onion	£2.50	£3.00
Messy Prawn Heaven (north atlantic prawns in a marie rose mayo)	£2.90	£3.40
Prawn & Avocado	£3.30	£3.80
Prawn, Almonds & Grapes	£3.30	£3.80
Old Smokey (smoked salmon, cream cheese, peppercorns & lemon juice)	£2.90	£3.40

Sandwiches

vegetarian

	Take-Away	Eat-In
Egg Mayonnaise	£2.30	£2.80
Cheese Savoury (white & red mature cheddar, carrot & onions)	£2.50	£3.00
Cheese with a Twist (white mature cheddar with caramelised onions)	£2.50	£3.00
Farmhouse Cheese (white mature cheddar with tomato chutney)	£2.60	£3.10
Cream Cheese & Grape	£2.50	£3.00
Brie & Grape	£2.50	£3.00
Brie & Walnut	£2.60	£3.10
Emmental, Avocado & Tomato Chutney	£2.80	£3.30
Stilton & Mango Chutney	£2.70	£3.20
Mozzarella, Pesto & Pine Nuts	£2.70	£3.20
Houmous & Sweet Baby Peppers	£2.50	£3.00
Houmous & Sliced Avocado	£2.80	£3.30
Houmous & Roast Vegetables	£2.70	£3.20
Houmous, Olives & Sundried Tomatoes	£2.90	£3.40
Cheddar & Coleslaw	£2.70	£3.20
Peanut Butter & Banana	£2.60	£3.10
Mexican Three Bean Salsa (with soured cream & salsa)	£2.90	£3.40
Goats Cheese & Roast Veg	£2.80	£3.30
Goats Cheese, Caramelised Onion, Rocket & Red Onion	£3.00	£3.50

Toasted Ciabattas

	Take-Away	Eat-In
Roast Vegetables & Mozzarella)	£2.80	£3.30
Bacon & Melted Red Cheddar	£2.70	£3.20
Bacon & Melted Brie	£2.70	£3.20
Ham & Melted Red Cheddar	£2.70	£3.20
Cheese O.D (White, red cheddar & mozzarella with red onions)	£2.70	£3.20
Cheese & Beans Melt	£2.60	£3.10
Chicken & Chorizo (chicken breast, spanish chorizo, red onion & mozzarella)	£2.90	£3.40
Tuna Melt (tuna mayonnaise & red cheddar)	£2.60	£3.10
Tuna Melt Special (with tomato chutney & a balsamic rocket)	£2.90	£3.40
Spicy Sausage (with hard boiled egg & mozzarella)	£2.80	£3.40
Shredded Chicken (chicken with sundried tomatoes & mozzarella)	£2.90	£3.40
Parma Ham, Mozzarella & Olive Oil	£3.10	£3.60
Sundried Tomatoes & Mozzarella	£2.70	£3.20
Beef, Cheddar & Caramelised Onion	£2.90	£3.40
Goats Cheese, Black Olives & Tomato	£2.70	£3.20
Chilli-Con-Carne & Cheddar	£3.10	£3.60
Chicken, Pesto, Mozzarella & Sundried Tomatoes	£3.10	£3.60